

# Are you a carer for an adult?

Would you like some training, support and advice to help you as a carer at no cost to you?

For more information come along to a Carer's Event (Refreshments will be available)

**21<sup>st</sup> February 2019, 10am - 3pm**  
**The Holiday Inn, Impington, Cambridge , CB24 9PH**

For further information or to register your interest in these events please contact us  
Tel: 01480 373534 or Email: [lgsslearning@cambridgeshire.gov.uk](mailto:lgsslearning@cambridgeshire.gov.uk) or register online at  
[www.eventbrite.co.uk](http://www.eventbrite.co.uk) and search for the Adults Carer's Development Programme

# Training for Carers

Various dates and locations in Cambridgeshire



Advanced Care Planning  
Technology to Support Care  
Medication Awareness  
Contenance, Catheter & Stoma Care  
Preventing Falls  
How to Prevent a Pressure Ulcer  
Mental Capacity Act - introduction  
Safe Moving & Handling  
Nutrition and Hydration  
Safeguarding Adults - introduction  
How to Communicate Effectively  
Understanding Dementia

All sessions will be 2.5 - 3 hours duration

Are you a carer of an adult?  
If yes, we are offering fully funded training courses between:  
**January 2019 and mid-April 2019**

**BOOK NOW**

Choose your booking option:

1. **Call us on: 01480 373534**
2. **Email:**  
[lgsslearning@cambridgeshire.gov.uk](mailto:lgsslearning@cambridgeshire.gov.uk)
3. **Book online at [www.eventbrite.co.uk](http://www.eventbrite.co.uk) and search for the Adults Carer's Development Programme**

These are just some of the courses available to you.  
To find out about course dates and venues in your area or to book onto a course, contact us using one of the three options above.

Funded and delivered by the following:

